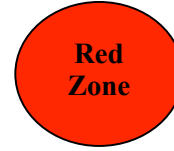




## CAPP Peak Flow Meter Table

Community Asthma  
Prevention Program of  
Philadelphia

Personal  
Best



520	520-420	419-260	Less than 260
500	500-400	399-250	Less than 250
480	480-380	379-240	Less than 240
460	460-370	369-230	Less than 230
440	440-350	349-220	Less than 220
420	420-340	339-210	Less than 210
400	400-320	319-200	Less than 200
380	380-300	299-190	Less than 190
360	360-290	289-180	Less than 180
340	340-270	269-170	Less than 170
320	320-260	259-160	Less than 160
300	300-240	239-150	Less than 150
280	280-220	219-140	Less than 140
260	260-210	209-130	Less than 130
240	249-190	189-120	Less than 120
220	220-170	169-110	Less than 110
200	200-160	159-100	Less than 100
180	180-140	139-90	Less than 90
160	160-120	119-80	Less than 80
140	140-110	109-70	Less than 70
120	120-90	89-60	Less than 60
100	100-80	79-50	Less than 50