



care profile

After a patient is referred to The Children's Hospital of Philadelphia, she may fit one of four different types of care profiles.

PATIENT TYPE A:

HI Patient with Focal Disease — Cured

- Fasting test
- Drug withdrawal
- Localization studies
- Surgery
- Recovery in Harriet and Ronald Lassin Newborn/Infant Intensive Care Unit (N/IICU) 7–14 days
- Fasting test
- Discharge

Anticipated discharge planning needs:

In nearly all these cases, the patient is cured and requires only one visit with the local pediatric endocrinologist, with routine well-child follow-up care by the local pediatrician.

PATIENT TYPE B:

HI Patient Requiring Medical Therapy Postoperatively

- Fasting test
- Drug withdrawal
- Localization studies
- Surgery
- Recovery in N/IICU (7–14 days)
- Medical therapy (10–14 days)
- Fasting test
- Discharge

Anticipated discharge planning needs:

Patient will require ongoing medical treatment by the local pediatric endocrinologist, including at least one fasting test and three outpatient visits per year.

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PATIENT TYPE C:

Patient Requiring Diagnostic Evaluation for HI

- Overnight blood sugar monitoring
- Oral glucose tolerance test (case-dependent)
- Oral protein tolerance test (case-dependent)
- Fasting test

If diagnosis is established:

- Medical therapy
- Fasting test
- Discharge

Anticipated Discharge Planning Needs:

Patient will require ongoing medical treatment by the local pediatric endocrinologist, including periodic re-evaluation.

PATIENT TYPE D:

HI Patient Requiring Follow-up Evaluation

- Overnight blood sugar monitoring
- Oral glucose tolerance test (case-dependent)
- Oral protein tolerance test (case-dependent)
- Fasting test
- Blood sugar monitoring and medication adjustments until stable



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