

**Information for Families**  
**THE OUTPATIENT NUTRITION CENTER**

**THE RIGHT EXPERTS FOR THE JOB**

Research has proven that good nutrition is necessary to promote proper growth and development for children of all ages. Many children require special attention from registered dietitians (trained nutrition experts), to be sure that they receive the best nutritional care possible. This care helps their bodies recover from illness or achieve a healthy weight. Registered dietitians are available to evaluate your child at Children's Hospital's Richard D. Wood Pediatric Ambulatory Care Center in Philadelphia and at The Children's Hospital of Philadelphia Specialty Care Centers in Exton, King of Prussia, and Bucks County Pennsylvania, and Linwood, Voorhees, and Princeton in New Jersey.

**YOUR CHILD'S VISIT**

When you visit the Outpatient Nutrition Center at The Children's Hospital of Philadelphia, we will:

**Measure and review your child's growth history**

Please bring any growth charts or your child's baby book to the center with you. We will measure your child's weight, height and head circumference and evaluate the measurements compared to other children.

**Review your child's medical history**

We will ask you what medications your child takes, what surgery your child has had and whether your child has ever been in the hospital.

**Review your child's usual diet**

We will want to know what types of food your child eats and on what schedule. If your child receives a tube feeding, we will review the schedule and type of feeding.

**Review your child's activities**

We will ask you to tell us about your child's favorite activities and how often he or she participates in them.

**Set goals**

We will recommend specific goals for your child's food intake or tube feeding. Along with these goals, we will provide you with written information and teach you how to meet your child's nutrition needs.

**Follow up**

We will plan follow-up visits for your child, if necessary.

**PAYMENT**

We accept all forms of payment, including medical assistance, Healthpass, private insurance/HMO, and self-pay.

Please bring your insurance or payment information with you to appointments. If your insurer requires a referral from your primary care doctor, it is your responsibility to contact your doctor to obtain it.

You can make an appointment for the Outpatient Nutrition Center directly by calling the phone numbers listed below. Cancellations should be made at least one day before your scheduled appointment so that we may provide service to others during that time.

We look forward to seeing you soon!

**THE CHILDREN'S HOSPITAL OF PHIALDELPHIA OUTPATIENT NUTRITION CENTERS:**

**Pennsylvania**

**New Jersey**

Richard D. Wood Ambulatory Care Center  
34<sup>th</sup> & Civic Center Boulevard  
Philadelphia, PA 19104  
Appointments: 215-590-3630  
Fax: 215-590-4279

Specialty Care Center in Atlantic County  
4009 Black Horse Pike  
Mays Landing, NJ 08330  
Appointments: 609-677-7895  
Fax: 609-677-7835

Specialty Care Center in Bucks County  
Route 202 and Schoolhouse Road  
Chalfont, PA 18914  
Appointment: 215-997-5730  
Fax: 215-997-5731

Specialty Care Office in Princeton  
707 Alexander Road, Building 2  
West Windsor, NJ 08561  
Appointments: 609-520-1717  
Fax: 609-520-9333

Specialty Care Center in Exton  
Oaklands Corporate Center  
481 John Young Way  
Exton, PA 19341  
Appointments: 610-594-9008  
Fax: 610-594-1907

Specialty Care Center in Voorhees  
1012 Laurel Oak Corporate Center  
Voorhees, NJ 08043  
Appointments: 856-435-1300  
Fax: 856-435-0091

Specialty Care Center in King of Prussia  
210 Mall Boulevard  
King of Prussia, PA 19406  
Appointments: 610-337-3232  
Fax: 610-594-0327