

Caring for Your Child
Evaluating Breastfeeding for Your Newborn Baby

Breastfeeding is going well if:

- Your baby is breastfeeding at least 8 times in 24 hours
- Your baby has at least 6 wet diapers every 24 hours
- Your baby has at least 3 yellow bowel movements every 24 hours
- Your breasts feel softer after a feeding
- Your nipples are not painful
- Breastfeeding is an enjoyable experience

Your Breastfeeding Support Group:

Call your baby's doctor or lactation specialist if:

- Your baby is having fewer than 6 wet diapers a day
- Your baby is having fewer than 3 or 4 yellow stools
- Your milk is in but you don't hear your baby gulping or swallowing frequently during breastfeeding
- Your nipples are painful throughout the feeding
- Your baby seems to be breastfeeding "all the time"
- You don't feel as if your milk has come in by the 5th day

You may call the CHOP lactation specialists at 215 590-4442 to schedule an office visit.

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