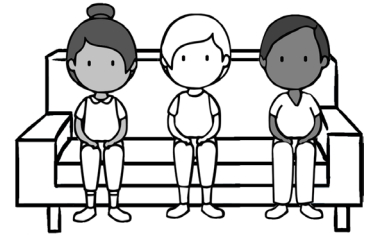


SOFAA-P | SURVEY OF FOOD ALLERGY ANXIETY PARENT REPORT



Directions:

Circle the number next to each statement that best describes your child for the last week. PLEASE COMPLETE ALL ITEMS.

Even if there are safe foods available, my child...

	Never	Almost Never	Sometimes	Often	Almost Always
1. Avoids eating the food in NEW restaurants.	0	1	2	3	4
2. Avoids eating the food in FAMILIAR restaurants.	0	1	2	3	4
3. Avoids being touched by others because of fears of having an allergic reaction.	0	1	2	3	4
4. Avoids eating at parties or social gatherings at other people's homes.	0	1	2	3	4
5. Avoids eating at the regular lunch table at school or camp.	0	1	2	3	4
6. Avoids eating foods at school or camp that they did not bring from home.	0	1	2	3	4
7. Avoids eating at school or camp even if they brought the food from home.	0	1	2	3	4
8. Avoids eating when they are with an adult who is not their parent, for example with a relative or at a friend's house.	0	1	2	3	4
9. Avoids smelling the foods they are allergic to.	0	1	2	3	4
10. Avoids touching safe foods because of fears of having an allergic reaction.	0	1	2	3	4
11. Avoids allowing an allergy food to touch their body, because they believe it will cause a serious allergic reaction.	0	1	2	3	4
12. Avoids sitting near someone they believe is eating food containing allergens.	0	1	2	3	4
13. Avoids eating safe foods that were stored near foods that they are allergic to.	0	1	2	3	4
14. Frequently spits out food because they believe it contains allergens.	0	1	2	3	4
15. Washes their hands too much in order to avoid food allergens.	0	1	2	3	4
16. Refuses to try new foods, even if I say the foods are safe to eat.	0	1	2	3	4
17. Visits the nurse too much due to fears of having an allergic reaction to food.	0	1	2	3	4
18. Frequently checks or asks me to check their mouth or body to make sure that they are not having an allergic reaction to food.	0	1	2	3	4
19. Over-checks labels of foods.	0	1	2	3	4
20. Asks me too many times whether a food is safe for them to eat.	0	1	2	3	4
21. Avoids touching everyday objects like doorknobs, phones, or clean surfaces due to fears of having a food allergy reaction.	0	1	2	3	4