

Discharge Planning Overview:
Eating Disorder Higher Levels of Care Descriptions

Acute Inpatient Program

Short-term stabilization in a hospital setting. Length of admission varies by program model, lower level of care availability, insurance authorization approval, and the child's progress towards treatment goals. **The admission criteria (age / gender/ diagnosis) vary by each facility.**

Local Programs

- **Princeton Center for Eating Disorders:** Princeton, NJ. Admissions 609-853-7575
 - <https://www.princetonhcs.org/care-services/center-for-eating-disorders-care>
- **Robert Wood Johnson Eating Disorders:** Somerset, NJ. Admissions 800-300-0628
 - <https://www.rwjbh.org/>
- **Sheppard Pratt (Ages 12+):** Baltimore, MD. 410-938-4433
 - <https://www.sheppardpratt.org/the-center-for-eating-disorders-at-sheppard-pratt/>

Residential Program

Long-term placement in a home-like setting for patients who still need 24-hour support but no longer require the intensity of medical support and stabilization that inpatient provides.

*Of note, there are no local or national eating disorder **residential** programs in-network with PA or NJ Medicaid

Local Programs

- **Renfrew:** Philadelphia, PA. Admissions 1-800-RENFREW
 - <https://renfrewcenter.com/>
- **Hidden River:** Chester, NJ. Admissions 908-895-4931 extension 203
 - <https://hiddenriverhealing.com/>
- **Clementine:** *Multiple Locations* Admissions 866-784-9358
 - <https://clementineprograms.com/>
- **Center for Discovery:** *Multiple Locations* Admissions 833-641-1163
 - <https://centerfordiscovery.com/>

31:B:237

National Programs

- **Eating Recovery Center:** *Multiple Locations* Admissions 877-825-8584
 - <https://www.eatingrecoverycenter.com/>
- **Veritas Collaborative:** *Multiple Locations* Admissions 855-875-5812
 - <https://veritascollaborative.com/>
- **Laureate:** Tulsa, OK. Admissions 800-322-5173
 - <https://www.saintfrancis.com/laureate/eating-disorders-program/>
- **Rogers:** Oconomowoc, WI. Admissions 800-767-4411
 - <https://rogersbh.org/>

Partial Hospitalization Program (PHP)

Patient lives at home and attends a day program. This is typically Monday-Friday for 5 to 6 hours per day during regular school hours (9 a.m. to 3 p.m.). If the program is offered in-person, the family is responsible for transport back and forth. Some programs offer telehealth considering the pandemic. This level of care is often recommended as a step-down from residential but can also be considered after an inpatient medical admission in certain circumstances.

Intensive Outpatient Program (IOP)

Patient lives at home and attends a program 2 to 4 days a week for 2 to 3 hours each day. These program hours are often scheduled after the regular school day ends (between 4 p.m. – 7 p.m.). This schedule supports a child's return to their normal school schedule. This level of care is often recommended as a step-down from residential or partial hospitalization but can also be considered after an inpatient medical admission in certain circumstances.

*Of note, there are no local or national PHP or IOP's in-network with PA Medicaid. Robert Wood Johnson's PHP in Somerset, NJ is the only program that is in-network with NJ Medicaid.

Local Programs

- **Renfrew:** *Multiple Locations* Admissions 1-800-RENFREW
 - <https://renfrewcenter.com/>
- **Monte Nido:** Villanova, PA. Admissions 866-784-9358
 - <https://clementineprograms.com/>
- **Seeds of Hope:** *Multiple Locations* Admissions 610-644-6464
 - <https://seedsofhope.pyramidhealthcarepa.com/>
- **CHOP:** Philadelphia, PA. 215-590-0681
 - <https://www.chop.edu/centers-programs/eating-disorder-assessment-and-treatment-program>
- **Hershey:** Hershey, PA. Admissions 717-531-2099
 - <https://www.pennstatehealth.org/childrens/services-treatments/eating-disorders-program>
- **Center for Discovery:** *Multiple Locations* Admissions 833-641-1163
 - <https://centerfordiscovery.com/>
- **Robert Wood Johnson:** Somerset, NJ. Admissions 800-300-0628
 - <https://www.rwjbh.org/>

*The Eating Disorder Assessment and Treatment Program Resource List has a detailed list of providers for all levels of care. Please contact the Social Work team for details on obtaining more information for community providers.