

Resources for Executive Function Intervention - Research Manuals, Books, and Websites about Researched Programs

- R. Gallagher, H.B. Abikoff, & E.G. Spira Organizational Skills Training for Children with ADHD The Guilford Press, NY 2014
- R. Gallagher, E.G.Spira, & J.L.Rosenblatt The Organized Child: An Effective Program to Maximize Your Kid's Potential The Guilford Press, NY 2018 (parents)
- J Langberg Improving Children's Homework, Organization and Planning Skills (HOPS), National Association of School Psychologists (NASP) Bethesda, MD 2014 (parents)
- J Langberg Homework, Organization, and Planning Skills (HOPS) Intervention: A Treatment Manual, 2nd ed., National Association of School Psychologists (NASP) Bethesda, MD 2022
- J Langberg - Homework, Organization and Planning Skills (HOPS) – A website about the HOPS intervention <https://hopsintervention.com>
- B.K.Schultz & S.W. Evans A Practical Guide to Implementing School-Based Interventions for Adolescents with ADHD, Springer, NY 2015 (focuses on Challenging Horizons Program)
- M. H. Sibley Parent-Teen Therapy for Executive Function Deficits and ADHD: Building Skills and Motivation The Guilford Press, NY, 2017
- L. Cannon, L. Kenworthy, K.C. Alexander, M.A. Werner, & L.G. Anthony Unstuck & On Target-An Executive Function Curriculum to Improve Flexibility, Planning and Organization, 2nd edition, Paul H. Brookes Publishing Co., Baltimore, MD 2018
- L Pfiffner - The Child Life and Attention Skills Program <https://psych.ucsf.edu/HALP/research/CLAS>

There are many books by clinical experts on EF intervention in ADHD that are too numerous to review and include here, so we have limited our presentation to those programs that have been researched and shown some level of positive effects. Keep in mind that the “how” to approach your child or student, that we have tried to provide in these presentations, is important for success, regardless of the specific set of lessons or strategies you choose to use.