

# ADVAIR<sup>®</sup> HFA

(Combination of Flovent and Serevent)



**Other names:** fluticasone and salmeterol

**Type of medicine:** Combination medicine: inhaled steroid and beta-agonist  
Control medicine for everyday

**Why you need it:** To relax the muscles around the breathing tubes and decrease swelling and mucus in the breathing tubes.

**How it is given:** Advair HFA<sup>®</sup> is an aerosol form of Advair<sup>®</sup> that comes in a canister, and is used with an actuator inhaler device and a spacer device.

**Side effects:** Thrush in the mouth  
Sore throat  
Nervousness

## Tips for Taking

1. Shake Advair HFA<sup>®</sup> inhaler for at least 5 seconds before each spray
2. When using the inhaler for the first time, prime it by spraying 4 test sprays into the air, away from your face
3. Also prime the inhaler if you have not used it for more than 4 weeks or if you drop the canister
4. Keep track of the number of sprays used and throw away the canister after 120 sprays
5. Rinse mouth out after use; This will reduce the risk of developing a yeast infection in your mouth. Do not swallow medication.
6. Store device in a cool dry place.

**Please discuss any questions about this medicine with your doctor or nurse.**