

## WORKSHEET #7 HEALTHCARE PLAN

When looking for an adult healthcare provider, you may ask for recommendations from your pediatrician, pediatric specialists, insurance provider, friends and local Down syndrome society. When making decisions about transferring care, you may want to consider a doctor's training or special interests, support services (such as access to social workers and psychologists), involvement in a physician network (or hospital system), use of a shared electronic medical record, and office policies (such as their after-hours arrangement). The main goal in choosing a new doctor is finding someone who is willing to partner with you and your family.

Specialty	Current pediatric provider	Transitioning to adult provider
General Health	Name:	Name:
(primary care)	Phone/Fax: Why I visit: Records sent? □ Yes □ No	Phone/Fax:  Why I visit:  Records received? □ Yes □ No
	Name:	Name:  Address:  Phone/Fax:  Why I visit:  Records received? □ Yes □ No
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