

Instructions for Returning for Surgery

Fracture/Injury Care

Follow instructions provided by the doctor that treated you

Treating Pain

Use Tylenol as needed. Follow prescription if given or use dosage limits on the package.

Pain medications can be taken when child is not eating.

If your child can swallow pills, give with water only.

Time of Surgery

Your child has been diagnosed with a condition that requires surgery but does not need admission prior to surgery.

This surgery will be done in the next 3 days and may be done as early as tomorrow morning.

A member of the PACU or surgical group staff will call you with your arrival time by 12pm tomorrow.

If you have not received a call by 12pm, or if you have questions about surgery timing or what to drink, please call the following number to obtain further guidance: 215 590 1527.

Insurance

CHOP will obtain all insurance authorizations required for your child's surgery. If your plan has out of pocket cost, a CHOP Financial Counselor will contact you with a cost estimate for the services provided.

Important Instructions About Eating and Drinking Before Anesthesia or Sedation

Your child's safety is our top priority:

- Eating or drinking too close to the start of anesthesia can put your child at risk for serious problems during the procedure.
- However, drinking during the **allowable time period** may help your child feel better before and after anesthesia.
- Please encourage your child to drink before the procedure and follow these guidelines.
- **No food, candy or gum is permitted after 12 a.m. the evening before the procedure.**

For your child's safety, if these instructions are not followed, the procedure will be delayed or cancelled.

Closely supervise your child during this time as many may "sneak" food.

Check your car and car seats for food that may be within reach.

Do not send your child to school or day care on the day of the procedure.

Clear Liquids	Any age child may have ONLY the following up to 30 minutes before your arrival time unless specifically instructed due to a medical condition: Water, Pedialyte Clear apple juice, clear white grape juice Sports Drink, (e.g. Gatorade or Powerade except protein shakes)
Breast Milk	Until 4 AM
Infant Formula	Less than 6 months old: up to 4am Between 6 and 12 months old: up to 1 am Older than 12 months: until 12 a.m. the night before the procedure DO NOT add cereal to formula. DO NOT use formula that has cereal already added.

Important Information About Medications

Bring all of your child's medications with you, in the original containers, the day of surgery.

Follow instructions you were given regarding which medications your child should take on the day of the surgery.

Bathing and other Details

Bathe your child with soap and water, shampoo their hair.

A washcloth or wet wipe is also acceptable.

Do not use any lotions, creams or powder after the bath.

Use clean pajamas and linen after bathing.

If you were instructed to give your child a CHG treatment, remember to follow those instructions carefully.

Remove your child's nail polish, fake nails, jewelry (including any jewelry in piercings) and makeup.

Place long hair in pigtails.

For any procedure lasting longer than 2 hours, remove any braids or beads in your child's hair.

Hair fasteners must be metal-free.

If your child wears contact lenses, bring a lens storage case and eyeglasses with you.

Day of Surgery

Add 15 – 30 minutes to your usual travel time to allow for traffic delays and parking.

CHOP Philadelphia Campus:

Surgery is located on the 4th floor, Main Hospital.

When you arrive on CHOP's campus, look for signs for **Main Hospital Parking/Parking A**.

You will receive a parking ticket when you enter **Main Hospital/Parking A**.

Bring this ticket with you. We will validate for discounted parking rate.

Take the Glass Elevators from the garage to the 1st floor, Main Hospital.

When you arrive on to 1st floor, head right to check in at the Welcome Desk.

You will be directed to an elevator that will take you to the 4th floor.

When you arrive on the 4th floor, follow signs to Surgery Check-In M450.

Enter Surgery Check-In and stop at the desk.

CHOP King of Prussia Campus:

Surgery is located on 3rd floor of the hospital.

When you arrive on campus, park in lot in front of the hospital.

Enter through the hospital entrance.

Take the elevators to 3rd floor.

When you arrive on 3rd floor, head to the desk immediately off the elevators.

Visitors, Tips

Please make arrangements for care of your other children.

Only 2 adults may be with your child in the patient room.

Bring an empty bottle or sippy cup, and a special toy or clean blanket for your child.

No food or drink is allowed in Surgery Check-In.

Additional Instructions

If you have questions about your child's anesthesia before the procedure, call 267-425- 4689.

If any of the below happens, please call:

CHOP PHL Campus 267-425-4700

CHOP KOPH Campus 445-428-3366

Your child becomes ill on the day of the surgery.

Your child has any food or drink (except clear liquids) after 12 a.m. the night before surgery.

You experience any delay on the day of the procedure that may prevent you from arriving at the hospital at the scheduled time.

Finding the Children's Hospital of Philadelphia, Philadelphia Campus

- The GPS address is: 3401 Civic Center Blvd., Philadelphia, PA 19104
- Go to www.chop.edu/directions

Finding the Children's Hospital of Philadelphia Middleman Family Pavilion, King of Prussia Campus

- Go to www.chop.edu/kingofprussia and click on the "Get Directions" link under the photo.

Talking to your child about their procedure

www.chop.edu/surgeryprepbook

www.chop.edu/surgeryguide

Related Patient Instructions:

<https://media.chop.edu/data/files/patient-education/pfe/04-b-15.pdf>

<https://media.chop.edu/data/files/patient-education/pfe/04-b-17.pdf>

<https://media.chop.edu/data/files/patient-education/pfe/17-b-01.pdf>