

## Interdisciplinary Team

Ongoing medical and developmental assessments from a multidisciplinary team are the standard of care provided to all children in the Spina Bifida Program.

### Team members include:

- Pediatricians
- Neurosurgeons
- Urologists
- Orthopaedic surgeons
- Orthotists
- Colorectal surgeons
- Nurse specialists
- Nurse practitioners
- Neuropsychologists
- Physical therapists
- Social workers

"We owe everything to CHOP.  
She's wonderful. She's a blessing.  
She's happy and she's intelligent,  
and she's going to do great  
things. She may have physical  
difficulties, but she's going to be  
just fine. We couldn't be happier."

— Maryam, mom of Spina Bifida  
Program patient, Kaitlyn

## Connect with Us

For more information or to make a referral, please visit our website at [chop.edu/programs/spina-bifida-program](http://chop.edu/programs/spina-bifida-program) or contact us at 215-590-1760.

*On the cover: Ciarlo, 5, Spina Bifida Program patient*



©2019 The Children's Hospital of Philadelphia  
19CFDT0314/TBD/9-19

# SPINA BIFIDA PROGRAM

Comprehensive care  
from before birth  
through childhood



The Spina Bifida Program at Children's Hospital of Philadelphia, established in 1964, was the first program in the nation to provide comprehensive medical care and long-term follow-up to this special group of children.



*Jenny, 6 months, Spina Bifida Program patient*

## Conditions We Treat

The Spina Bifida Program currently follows more than 500 patients from prenatal diagnosis to adulthood.

### Conditions we treat include:

- Myelomeningocele
- Myeloschisis
- Meningocele
- Lipomyelomeningocele
- Tethered Cord
- Caudal regression syndrome/sacral agenesis

## Individualized Care

This team of physicians collaborate with families to provide the best outcomes for each child.

### The goals are to:

- Maximize motor milestones and ambulation
- Create an individualized urologic and bowel program
- Help locate resources and support
- Assist with the transition to school
- Manage psychosocial stressors and foster emotional well-being
- Foster independence
- Aid in the transition to adulthood

## Appointment Schedule

Schedules may vary to provide individualized care.

Orthopaedics is available in clinic as needed.

	Spina Bifida Clinic	Neurosurgery	Urology	MRI	Video Urodynamic Study	Neuropsychology
1 month		●				
2 months	●		●		●	
3 months		●				
6 months	●	●	●	●		●
9 months	●					
12 months	●	●	●	●	●	●
18 months	●					
24 months	●		●		●	
30 months	●	●	●			●
3 years	●		●		●	
3.5 years	●					
4 years	●	●	●			●
5 years	●		●			
6 years	●		●			
7 years	●	●	●			●
8+ years	●		●			